

Breaking ampoules with a break ring

Ampoules with a break ring can be recognized by a ring cut around the constriction (NAFA Score ring, see pictures) or a coloured ceramic snap ring (Colour-Break.)

- Use one hand to hold the cylindrical part of the ampoule (part which contains the liquid).
- Tilt the filled ampoule and tap with your index finger at the top of the ampoule, making all of the liquid run into the cylindrical part of the ampoule.
- Make sure your thumb (of the hand which hold the tip) is as the constriction of the ampoule (having the tip of the thumb at the cylindrical part), and hold your index finger at the neck of the ampoule (see pictures.)
- Pull your index finger towards you as you make a pushing movement with your thumb.
- Use your other hand to bend the bottom of the ampoule towards you.
- If you are not comfortable and you think you need to use too much force, turn the ampoule 90 degrees and try again to open the ampoule. Do you still not feel confident, do not try again and use another ampoule.

Disclaimer:

NAFVSM does not take any responsibility for the use of this instruction. The quality of the breakage of the ampoule as well as the risk of injuries depends on the quality of the ampoules it selves as well on of the training of the user.

Note: the ampoule with a break ring will – contrary to OPC ampoules - break in all directions - www.naf-vsm.com

